

## 2006 5 A Day Mini-Grant Recipients

The Montana Nutrition and Physical Activity Program and the Eat Right Montana Coalition received 37 applications for funding this year. An evaluation committee of three people: Ninia Baehr; Lynn Hellenga; and Molly Steinberg reviewed, scored and ranked each organization's mini-grant application and project proposal. The committee awarded mini-grants to fourteen projects receiving the highest collective scores. Below are the fourteen funded projects.

- Donna's House, Family Resource Center – Anaconda  
“Health Zone” project will educate third through sixth graders on the benefits of eating food from each color group daily and how eating fruits and vegetables help manage weight. The funds will be used to purchase fruits and vegetables for the weekly activities; and copies and paper products.
- Butte 4Cs – Butte  
The “5 A Day Food Science” project will educate childcare providers and children about the importance of incorporating fruits and vegetables into their daily diets. The funds will be used to purchase fresh fruits and vegetables; paper supplies to be used during the training sessions; and materials and resources for the 5 A Day prop box.
- CACFP, Child Care Resources – Missoula  
The “5 A Day Activity Kit” project, funding will be used to create two 5 A Day Activity Kits, focusing on fruits and vegetables. They can be checked out by childcare providers participating in its food program. The funds will be used to purchase containers; binders; and 5 A Day themed children's books, music CDs, games, puzzles, miscellaneous supplies and toys.
- Eagle Cliffs Elementary School PTA – Billings  
The “Health Habits Challenge” project funding to promote fruit and vegetable consumption for fruits and vegetables by Eagle Cliffs Elementary school children through challenges and incentives. The funds will be used to purchase monthly prizes; fruit and vegetable promotions; and classroom promotions, such as smoothie parties and fruit and vegetable platters.
- Frenchtown Elementary School – Frenchtown  
The “Brown Bag Logo” project will promote the development of a community logo that will help students, and community to develop better health by healthy eating, including physical activity and appropriate health choices. The project includes developing a school policy for snacks in the classroom and on field trips; polling kids on fruit and vegetable eating habits and preferences; sending weekly 5 A Day tips to parents; encouraging students to sample new fruits and/or vegetables in the classroom; and involving community businesses in “Brown Bag Logo activities. The funds will be used to purchase fruits and vegetables; 5 A Day educational materials; and paper and pencil supplies.

- Hill County Health Department/Bullhook Clinic – Havre  
The “5 A Day in May” project will educate registered childcare providers and are head Start teachers/aids about the importance of 5 A Day in May. The funds will be used to purchase educational materials; demonstration fruits and vegetables; and presenter fees for the education session.
- Lewis and Clark County WIC Program – Helena  
The “Lewis and Clark county farmer's market nutrition” project will support the administration of the Farmer’s Market Nutrition Program. The funds will be used to pay for training and enrolling farmers; stamping spent vouchers; printing recipes for program participants; creating two educational displays at the WIC clinic; and evaluating the project.
- Luther Elementary School District – Luther  
The “Smoothies for Morning Snack” project funding to promote and provide fruit/veggies more frequently as a morning snack at Luther School by providing fruit/veggie smoothies for the students twice weekly. The funds will be used to purchase a Vita-Mix industrial blender; cases of fresh/frozen fruit or veggies; and 100% juice.
- Missoula Nutrition Resources – Missoula  
The “WIC Families at Their Colors” project will provide funding to stock a fruit bowl for clients waiting for their WIC appointment and to provide 5 A Day educational materials to WIC families. The funds will be used to purchase produce for the waiting room fruit bowl; and “Eat Your Colors” magnets.
- Monforton School – Bozeman  
The “Snack Shack 5 A Day” project will provide funding to introduce a wider variety of healthy snacks (e.g. fruits and vegetables) to the snack shack run by Monforton Middle School Students and parents. This will include taste tests and nutrition education to Monforton K-8 students to increase their exposure to fruits and vegetables. The funds will be used to stock the school snack shack with fruits and vegetables purchased at a discounted price from the community food co-op.
- Parents of Smith School – Helena  
The “The Importance of Healthy Snacks for Learning and Testing” project will provide funding to educate second through fifth graders about the importance of eating healthy snacks, to provide healthy snack hand-outs, and to purchase healthy snacks for classrooms during aptitude testing week. The funds will be used to pay for photocopies of healthy snack flyers; fees associated with the hospital dietitian’s visit to the classroom; and the purchase of fruits and vegetables for consumption as snacks during aptitude testing week.

- Teton County Extension – Choteau  
The “Taste Sense-ation” project will use the funding to develop lessons about fruits and vegetables, as well as a taste testing opportunities for K-12 students in the Power School District. The funds will be used to purchase fruits and vegetables for taste testing; 5 A Day promotional items for distribution; supplies for a fruit smoothie recipe contest; and additional aids for daily workshops during a 3-day camp.
  
- Rocky Mountain Development Council Head start Program – Helena  
The “Head Start Food and Nutrition Education Policy Development” project funding will be used to develop a Head Start food policy regarding types of foods to be offered at all family and staff events to ensure that one School to Home Project each year features nutrition education on fruits and vegetables. The funds will be used to develop and print materials for the Head Start family picnic; purchase vegetables for classrooms to prepare for the family picnic event; purchase fruits and vegetables for salsas and grilling demonstrations at the picnic; and purchase vegetables to send home for preparation in the School to Home Project.
  
- St. John’s Lutheran Hospital, Inc. – Libby  
The “Colorful Road to Health” project funding to educate children with an emphasis on pre-school through middle school aged children and their families about the importance of eating a variety of fruits and vegetables, where fruits and vegetables originate and how to prepare them; make learning about fruits and vegetables fun; and present the opportunity to sample a variety of produce. The funds will be used to purchase fruit and vegetable samples, serving utensils, educational materials, themed prizes and decorations to be used and/or distributed at the St. John’s Health Fair.