



**EAT RIGHT MONTANA**

*A coalition promoting healthy eating and active lifestyles*

**If you could be a food,  
what would you like to be?  
Why?**



**Eat Right Montana Conversation Starters**



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**What is the weather like  
outside today?**



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**What is your favorite color?  
Do you see anything on the  
table that is that color?**



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**What storybooks do you like  
to read?**



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