



EAT RIGHT MONTANA

A coalition promoting healthy eating and active lifestyles

Let's get out the atlas or maps - and plan our next vacation together.



Eat Right Montana Screen-Free Fun Tips



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Let's dress up - and dance like ballerinas (or the Stars or _____).



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Let's find a sidewalk - and draw some chalk pictures (or play hopscotch).



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Let's go outside - and blow bubbles (or fly kites).



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