

Team Action Plan 2009-2010



Team Name (e.g. Alabama Action for Healthy Kids): Montana Action for Healthy Kids Team

Team-Specific Impacts and Impact Statements – Select 1 to 3 Impact Statements.

1 The State Team will further define and identify its niche within the state and work with key organizations to advance its action plan.

2 State Team will assist and support the development and/or activities of new and existing local teams.

3 Elementary schools working with Montana Action for Healthy Kids will have increased ability to implement a Recess in Action program through the provision of the pocket guide, training opportunities and technical assistance.

Rationale: In 1-3 sentences, explain why your Team is committed to achieving each impact within the state. Why is there a critical need for this work?

1 Membership in the MTAFHK team is lacking in some key areas to reach key audiences such as parents, youth groups such as YMCA, After School Programs and industry partners involved with schools. In order to extend our collaborations on a statewide basis, we need to reach out to try to engage key partners such as MT PTA, YMCA, Team Asthma, MT Beverage Association, and the After School Program Network.

2 At the June 2009 meeting, members expressed interest in starting a local Helena AFHK team to enhance support for nutrition and physical activity for Helena youth. Billings and Great Falls Action for Healthy Kids local teams are engaged in carrying out activities identified by their members as key action steps for supporting youth in enhancing nutrition and physical activity efforts in their communities. Local teams are key factors to supporting action steps at the local area and in school districts especially in large cities.

3 The Recess in Action Guidebook that was developed through our 2008-09 state team grant has proven to be helpful in increasing physical activity opportunities for elementary children and a simple tool for school staff. It is our intention to provide additional training, technical assistance and pocket guides to school staff around Montana to support increasing physical activity levels in Montana youth.

**Team Work and Evaluation Plan**

**Team Impact #1** The State Team will further define and identify its niche within the state and work with key organizations to advance its action plan.

Outcome Outline Team-selected or – developed Outcomes	Activities (what steps will be taken to meet objective)	Target Audience	Date to be Completed	Person/Committee Responsible	Metrics/Measures	Notes
<p>By July 2010, MTAFHK Team will add at least three new active key partners to the state team.</p>	<p>Determine 3-4 key stakeholders that we want to invite to get involved on the state team</p>	<p>YMCA Montana After School Program Network, Boys and Girls Club, MT PTA MT Beverage Association, MT Team Asthma MT School Nurses</p>	<p>December 2009</p>	<p>YMCA- Ginny M; Boys and Girls Club- Cathy C; After school Program Network- Karin Billings/Bob V; MT PTA- Katie B; MT Beverage Association- Bob V; MT Team Asthma – Julie S/Bob V; MT; MT School Nurses- Katie B</p>	<p>Track the number of active new stakeholders in state team for 2009-10 year</p>	
	<p>Assign a member to contact the stakeholder and invite them to a quarterly meeting</p>		<p>March 2010</p>			
	<p>Engage them in a current AFHK activity or determine a way to get them involved and at the same time meet their needs for joining the team Fuel Up for Play 60/ or a Recognition Program</p>		<p>March or June 2010</p>			
	<p>Convene a steering committee, determine the steps to form the team and set initial goals. Obtain advisement from GF and Billings AFHK teams/MT AFHK</p>		<p>February 2010</p>	<p>Kim Pullman - ERM</p>		

Team Action Plan 2009-2010



**Team Impact #1 Budget**

	Request	(In Kind/Match)	Justification of Funds (Description of use of funds)
Project Manager			<i>Please describe how this person will be managed and supervised</i>
Travel			
Program Equipment and supplies			
Incentives, gifts, and awards			
Office Supplies			
Professional Consulting			
Evaluation			
Postage and Shipping			
Printing and Copying			
Funding direct to school			
Meeting Costs			
Other			
Total Amount to Support Impact			

Team Action Plan 2009-2010



**Team Work and Evaluation Plan**

**Team Impact #2** State Team will assist and support the development and/or activities of new and existing local teams.

Outcome Outline Team-selected or – developed Outcomes	Activities (what steps will be taken to meet objective)	Target Audience	Date to be Completed	Person/Committee Responsible	Metrics/Measures	Notes
By <u>June 2010</u> , AFHK Team will <u>take steps to state a local Helena AFHK Team</u>	Identify local stakeholders to bring together for a Helena AFHK and determine if there is interest for establishing a local team	School districts adm, nursing, HE teachers, Parent groups, hospital, YMCA, After school Programs, University,	December 2009	Ginny Furshong	Is a local Helena team in place by July 2010?	
	Coordinate an initial meeting and take steps to form a team and action plan for year one		April 2010	Ginny Furshong/Melanie Williams and/or Susan Bailey Anderson	Progress Report at quarterly meeting	
By <u>June 2010</u> , Billings and Great Falls AFHK teams will <u>meet their action plan goals for 2009-2010.</u>	Each team determines their action plan goals for the 2009-1010 year  Billings: (1) Support backpack program providing weekend meals of at-risk students; (2) Work with BPS SHAC to facilitate coordinate of food and nutrition services to food insecure families in Yellowstone County; (3) Support school	Billings: Students and families in Yellowstone County	Fall 2009	Dayle Hayes/Barbara Hailstone	Progress Report at quarterly meeting	

## Team Action Plan 2009-2010



	Great Falls: Support GFSD in the implementation of the nutrition standards on a campus wide basis	Great Falls: Students Staff Community members		Joan Trost		
	Team members work on activities to meet the goal		On going		Progress Report at quarterly meeting	
	Local Team Steering Committee provides feedback to state team on progress		Quarterly meetings		Progress Report at quarterly meeting	

Team Action Plan 2009-2010



**Team Impact #2 Budget**

(In Kind/Match)

Justification of Funds  
(Description of use of funds)

Project Manager			<i>Please describe how this person will be managed and supervised</i>
Travel			
Program Equipment and supplies			
Incentives, gifts, and awards			
Office Supplies			
Professional Consulting			
Evaluation			
Postage and Shipping			
Printing and Copying			
Funding direct to school			
Meeting Costs			
Other			
Total Amount to Support Impact			

**Team Work and Evaluation Plan**

**Team Impact #3** Elementary schools working with Montana Action for Healthy Kids will have increased ability to implement a Recess in Action program through the provision of the pocket guide, training opportunities and technical assistance

Outcome Outline Team-selected or – developed Outcomes	Activities (what steps will be taken to meet objective)	Target Audience	Date to be Completed	Person/Committee Responsible	Metrics/Measures	Notes	
<p>By November 2009, two Montana elementary schools will be involved in a project to evaluate the usefulness of the RIA guides in increasing the physical activity levels of students at recess periods.</p> <p>By July 2010, 90 % of school staff who receive a RIA guide will participate in a formal training on it.</p>	Project Manager and project team members will be identified to coordinate the project		Fall 2009	Katie Bark and Project Manager			
	Two schools in the Missoula area will be confirmed to participate in the project. One school will be the intervention school and one will be the control school.	2 schools			Memorandum of Understanding with two schools		
	The RIA intervention activities will be carried out and data and information will be collected before and after the intervention in the intervention school and control school.	Two Montana schools			Project Plan		
	A mid-year and final report will be completed and shared with the state team members and schools.	Schools and AFHK members		November 2010	Project Manager		
	The control school will receive training and guide books to support their students for an RIA intervention.	Control school		November 2010	Project Manager		
	Coordinate 3-4 training sessions at state conferences, such as MAEMSP, MBI Summer Institute, MAPHERD, 21 <sup>st</sup> Grant After school Programs) for a one hour training and distribution of guides	Elementary principals		November 2010	Dr. Arthur Miller – U of M Melanie Williams Rebecca Morley	Track number of training sessions done on RIA at state conferences for reaching key audiences	Ask organizations if will help get on conference training schedules
	Collect evaluation data from participants at the training sessions	Health/PE teachers				Track evaluation data from training sessions	
	Follow-up –Survey a sampling of the attendees (3 months post training) to determine if guides are being used by staff at school/program.	School Staff				Determine from post surveys if guide books are being used at the school level	

Team Action Plan 2009-2010



Team Impact #3 Budget

Request  
33,400 (\$7,400 –  
OPI/MSU; \$26,000-  
BCBS)

(In Kind/Match)

Justification of Funds  
(Description of use of funds)

	Request 33,400 (\$7,400 – OPI/MSU; \$26,000- BCBS)	(In Kind/Match)	Justification of Funds (Description of use of funds)
Project Manager	6,500		<i>Please describe how this person will be managed and supervised</i>
Travel	\$3,000		
Program Equipment and supplies	\$5,400		
Professional Consulting	8,500		
Evaluation	\$1,500		
Postage and Shipping			
Printing and Copying	\$4,000		
Funding direct to school	\$4,000 (2 schools)		
Meeting Costs	200		
Other administrative costs	300		
Total Amount to Support Impact	33,400		